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ABSTRACT

This student booklet was developed as reading material for use with "The Vegetable Bowl," a unit designed to encourage elementary school children to eat a variety of vegetables. The booklet also contains ten pictures that can be colored by students. (BT)

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# The Vegetable Bowl

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SE 022 640

WRITTEN BY NANCY HARRIS
ILLUSTRATED BY NANCY PELLICER

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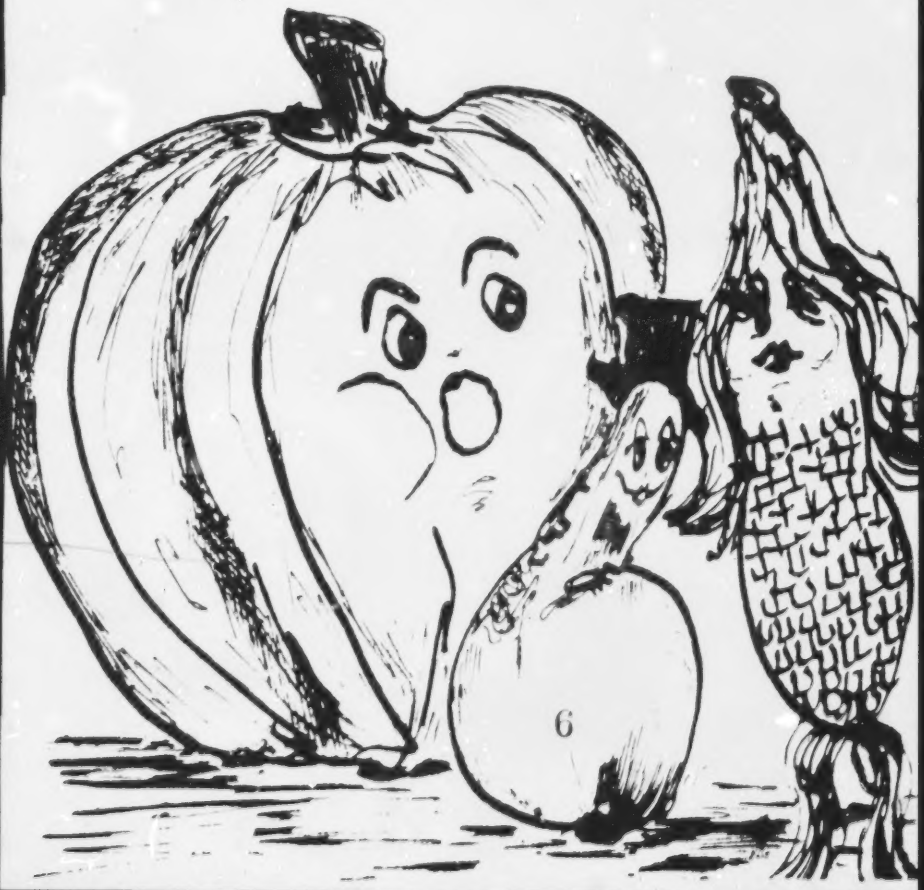
IT WAS THAT TIME OF THE YEAR AGAIN. IT WAS THE TIME THAT WAS ALWAYS LOOKED FORWARD TO AS THE HIGHLIGHT OF THE SEASON. IT WAS VEGETABLE BOWL TIME. ONLY THE FINEST OF VEGETABLES WERE INVITED. THERE WAS LARRY LETTUCE ESCORTING SUZY TOMATO. WHEN THEY ADDED THE DRESSING, THEY MADE THE MOST CHARMING SALAD.

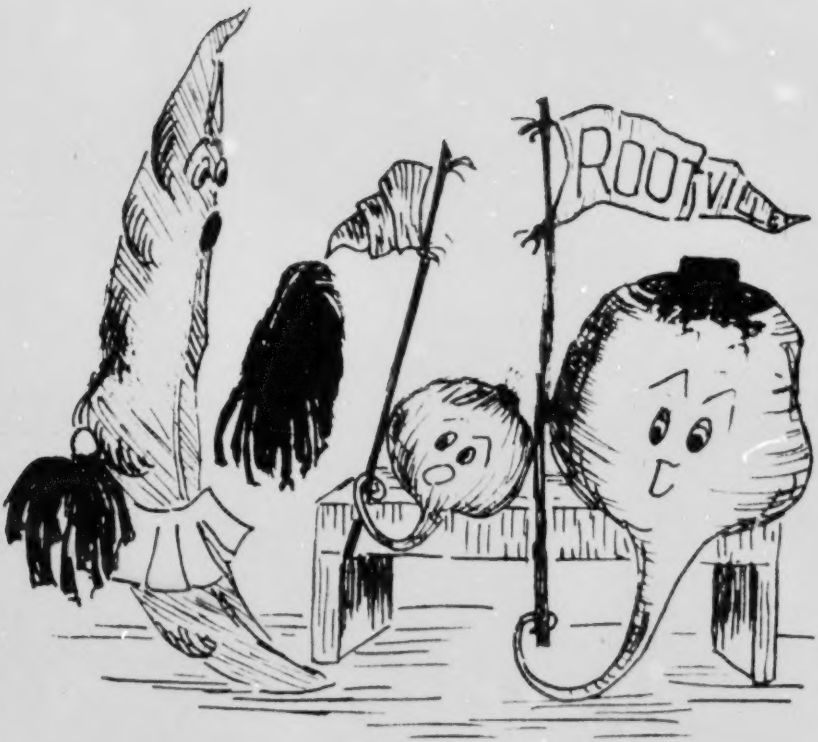
MR. SPUDZY POTATO PROBABLY WAS THE FAVORITE OF THE VEGETABLE BOWL. HIS FAMILY INCLUDED MASHED POTATO, JON FRENCH FRY, AND MERRY BAKED POTATO.

THE MOST RESPECTED VEGETABLES AT THE VEGETABLE BOWL WERE THE ONES THAT ADDED COLOR TO THE HOLIDAY. VEGETABLES THAT CAME IN THEIR SUNNY YELLOW DRESSES INCLUDED SAMMY SQUASH, PETER PUMPKIN, AND CAROLINE CORN.



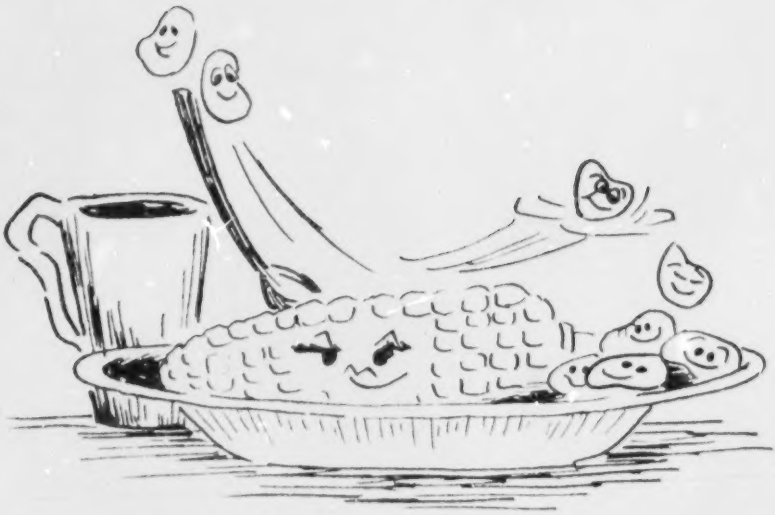
THE GREEN FAMILY DRESSED IN THEIR LEAFY BEST. SPINACH, CABBAGE, AND COLLARD GREEN KNEW THAT THEY MADE AN OUTSTANDING CONTRIBUTION TO THE VEGETABLE BOWL.

BETTY BEAN CAME ALL THE WAY FROM SEEDTOWN, U.S.A. TO LEAD RED RADISH AND TOMMY TURNIP WHO WERE ROOTING FOR THEIR COMMUNITY OF ROOTVILLE.



No Vegetable Bowl could have been held without the help of Cathy Cauliflower who listened to everyone's wishes for making the next year's Bowl the best ever held.

It was Mr. Cook
that was responsible
for the success of
the Vegetable Bowl.



SOME VEGETABLES COULD BE SERVED BY THEMSELVES. OTHER VEGETABLES LIKED TO BE COMBINED WITH FRIENDS SUCH AS LIMA BEAN AND CAROLINE CORN.

AFTER ALL THE STEW OF THE EVENT, THE MOST IMPORTANT MISSION OF THE VEGETABLE BOWL WAS TO GET THESE FINEST OF VEGETABLES TO ALL BOYS AND GIRLS WHO WANTED TO BE HEALTHY AND STRONG.

IF YOU WANT TO MEASURE UP, CHOOSE MANY FROM THE VEGETABLE BOWL.